

**SRR & CVR GOVT DEGREE COLLEGE (A), VIJAYAWADA.
NAAC Accredited 'B+' Grade**

**BOARD OF STUDIES MEETING
(2021-22)**

DEPARTMENT OF PSYCHOLOGY

SRR & CVR Government Degree College (A), Vijayawada
Department of Psychology Board of Studies Meeting

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(I & II Semesters syllabus, Practical syllabus, Blue print & Model paper)

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SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA
Minutes of the meeting of the UG Board of Studies in the Subject of Psychology

The meeting of the UG Board of Studies in the Subject of Psychology held on 20-11-2021 at 10.30 a.m., in Room No.106 at SRR & CVR Govt. Degree College (A), Vijayawada-520004.

LIST OF BOS MEMBERS
Composition of BOS for the Academic Year 2021-22

BOS Chairman	G. Venkateswarlu, Lecturer in Psychology, SRR & CVR GDC (A), Vijayawada.
University Nominee	Dr. P. Srinivas PhD, Principal, GDC, Pamarru. psynivas@gmail.com
External Experts	Dr. B. Prasad Babu PhD, Regional Director, Indira Gandhi National Open University (IGNOU), Regional Centre, Vijayawada.
Subject Experts	B. Yoseph (lecturer), A.C. College, Guntur. bandarupallijoseph5@gmail.com
Members (Guest Faculty)	S. Harsha Sadgun, M.A. Psychology, UGC-NET, harshasadgun@srrcvr.ac.in , 9492735595. M. Sudheer Kumar, M.A. Psychology, B.ed., Shudheerkumar89@gmail.com , 9133994480.
Students Representatives	J. Vijaya Madhuri, 9505613209 G. Anand Varma, 9100514237

AGENDA

Item 1: Approval of Syllabus for all Semesters for the academic year 2021-22.

Item 2: Approval of Question paper, blue print and model question paper.

Item 3: Approval of the list of paper setters and examiners

Item 4: Any other item with the approval of the chair.

DISCUSSION

- Mr. G. Venkateswarlu, Chairman, Board of Studies, welcomed the members and initiated the discussion on the syllabus for all III Years (6 semesters).
- Members raised a doubt about newly started B.A. Hons. (PSY) and then discussed about this issue whether it belongs to B. A. Hons. Or B. A. Psychology.
- Dr. P. Srinivas and Dr. Prasad Babu have proposed the pattern to be followed for 5th and 6th SEM, III Year of B.A. Psychology.
- Dr. Prasad Babu has suggested changing names of some papers as they were outdated.
- Mr. B. Yoseph has given some advises regarding making minor changes to the syllabus for the proposed papers.
- Members discuss about considering Psychology textbooks of NCERT of XI & XII for including topics in the syllabus.
- Dr. P. Srinivas has put forward introducing of Internship in 5th SEM.
- Faculty members helped in finding syllabus for proposed papers from different sources.
- University Nominee and The Experts proposed some names to be included in the list of paper setters and external examiners list.
- Members advised to change 2 papers i.e., Research and Statistics for SEM 1 & 2 respectively.
- Experts have suggested to combine basic topics of both papers i.e., Research and Statistics into one paper, as the depth of each paper is vast and Students of I year could not grasp the concepts.

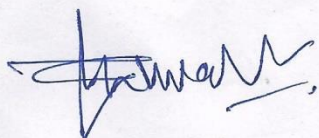
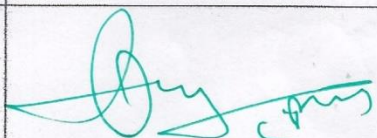



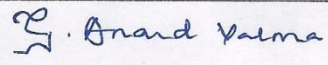
RESOLUTIONS

- Resolved to change the name of newly introduced course, B. A. Hons Psy to B. A. Psychology as it belongs to single stream.
- Resolved to introduce two additional Psychology Theory Papers along with one psychology common paper for B.A. Psychology- 1, 2, 3 and 4 SEMs.
- Resolved to introduce two additional psychology theory papers and two practical papers along with two common psychology papers for B. A. Psychology, 5th SEM.
- Resolved to introduce one additional psychology theory paper and two practical papers along with three common psychology papers for B. A. Psychology, 6th SEM.
- Resolved to change names of some papers, they are- Biological Psychology to Physiological Psychology, Educational to School Psychology, Abnormal Psychology to Psychopathology and Mental Health for 5th and 6th SEM respectively.
- Resolved to introduce a new paper, Research Methodology and Statistics, by combining two papers.
- Resolved to introduce Internship in 5th SEM.
- Resolved to approve the list of paper setters and external examiners submitted by the department.
- Resolved to conduct the external examinations either in offline, online or blended in view of Pandemic situation.

YEAR	SEM	B.A. EPJ	B.A. PSY(single stream)
I	1	General Psychology I	1. General Psychology I
			2. Biological / Physiological Psychology
			3. Positive Psychology
	2	General Psychology II	4. General Psychology II
			5. Health Psychology
			6. Cognitive Psychology
II	3	Social Psychology I	7. Social Psychology I
			8. Organizational Psychology
			9. Personality Psychology
	4	Social Psychology II	10. Social Psychology II
			11. Human Resource Psychology
			12. Criminal Psychology
III	5	Education Psychology	13. Education/ School Psychology
			14. Abnormal I/ Psychopathology
			15. Research Methodology and Statistics
		Abnormal Psychology I	16. Sports Psychology
			17. Experimental Psychology: Practical
			18. Field Practice/ Internship
	6	Counselling	19. Counselling Psychology
			20. Abnormal II/ Mental Health
		Abnormal Psychology II	21. Developmental/ Life Span
			22. Rehabilitation Psychology
		Developmental Psychology	23. Psychology Assessment: Practical
		Project	24. Project



SIGNATURES:

BOS Chairman	G. Venkateswarlu	
University Nominee	Dr. P. Srinivas	
External Expert	Dr. B. Prasad Babu	
Subject Expert	B. Yoseph	
Members	<ol style="list-style-type: none"> S. Harsha Sadgun M. Sudheer Kumar 	 
Student Representatives	<ol style="list-style-type: none"> G. Anand Varma J. Vijaya Madhuri 	 

I B. A. EPJ/ Psychology
GENERAL PSYCHOLOGY I

SEM- 1**Syllabus****Paper- 1****Unit I- Introduction:**

- A) Definition and Nature of psychology; Perspectives on behaviour; subfields of psychology; Historical Foundations and Evolution of Psychology; Development of Psychology in modern India.
- B) Methods of Enquiry- Nature and Goals; Research methods- Observational, Experimental, Correlation, Survey, Case Study. Analysis of Data- Quantitative & Qualitative; Limitations and Ethical Issues.

Unit II- Biological Basis of Behavior:

- A) Nervous System- Structure and functions of neurons; Organization CNS & PNS; neural conduction and synaptic transmission; Neurotransmitters- dopamine and serotonin.
- B) Endocrine System: Structure, functions and abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal.

Unit III- Sensory Processes:

- A) Sensory organ; General characteristics of senses; Sense Modalities; Limitations of sense organs.
- B) Human Eye- Visual Sensation and Theories of vision; Ear- Auditory Sensation and Theories of Audition.

Unit IV- Attentional Processes:

- A) Selective Attention- Theories (Filter, Filter-attenuation, Multimode) and Affecting Factors (External, Internal, Motivational and Cognitive).
- B) Types and determinants of Attention, Distraction, Division, Fluctuation and Span of attention; Divided Attention; Sustained Attention and its influencing factors.

Unit V- Perceptual Processes:

- A) Perception- Processing approaches; Principles of Perceptual Organization- Proximity, Similarity, Continuity, Smallness, Symmetry, Surroundedness and Closure.
- B) Psychological Cues- Monocular & Binocular; Perceptual constancies- Size, Shape and Brightness; Illusions- Geometrical and Apparent Movement (phi-phenomenon); Socio- Cultural influences on Perception.

Reference/ Readings:

- Psychology NCERT textbook for XI
- S.K. Mangal's General Psychology
- Baron, R. & Misra. G. (2013). Psychology. Pearson.
- Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi
- Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.
- Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill

I B. A. EPJ/ Psychology
GENERAL PSYCHOLOGY I

SEM- 1**MODEL QUESTION PAPER****Paper- 1****Time- 3 hours****Maximum Marks- 60****Section-A****Answer any FIVE Questions****5x4=20**

1. Observation.
2. Functionalism.
3. Central nerves system.
4. Span of attention.
5. Bilateral transfer.
6. Perceptual constancy.
7. Subliminal perceptual.
8. Endocrine system.
9. Observational learning.
10. Trichromatic theory of vision.

Section-B**Answer all questions****5x8=40****11. Discuss the Nature, Goals and fields in Psychology.**

Or

What are the methods of Psychology.

12. Briefly write the organization of nervous system.

Or

Describe the functions of major hormones system.

13. Briefly explain any two types of sensations.

Or

Describe signal detection theory.

14. Define attention; write types and factors of attention.

Or

Explain meaning of perception and describe the perceptual constancies.

15. Define learning and describe the efficient methods of learning.

Or

Explain different types of learning curves.

I B. A. EPJ/ Psychology
GENERAL PSYCHOLOGY I

SEM- 1

Practical Syllabus

Conduct any **Eight** experiments from the following

50 Marks

1. Visual & Auditory
2. Distraction on attention
3. Span of Attention
4. Division of Attention
5. Fluctuation of attention
6. Illusions -Muller Lyer Illusion
7. Horizontal vertical Illusion
8. Organization in perception
9. Set in Perception
10. Perceptual constancies –size, shape

REFERENCE BOOKS

Chaube. S.P.(1985): Experimental Psychology, Laxmi Narain Publishers

I B. A. Psychology
Biological PSYCHOLOGY

SEM- 1

Syllabus

Paper- 2

Unit I: Introduction to Biopsychology

- A) Introduction to Biopsychology; Philosophical issues in Biopsychology
- B) Methods and Ethics in Biopsychology; Comparative studies; Divisions of Biopsychology

Unit II: The Functioning Brain

- A) Types of Neurons; Structure and Functions of Neurons
- B) Neural Conduction; Synaptic Transmission

Unit III: Organization of Central Nervous System

- A) Brain: Structure and Function; Neuroplasticity of The Brain
- B) Spinal Cord: Structure and Function

Unit IV: Organization of Peripheral Nervous System

- A) PNS: Structure and Functions; Somatic Nervous System and psychological implications
- B) Autonomic Nervous System and psychological implications

Unit V: Endocrine System

- A) Structure and function of Endocrine System
- B) Major Glands and their psychological functions

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Kalat, J. (2019). *Biological Psychology*. 13th Ed. Boston: Cengage Learning.
2. Carlson, N. R. (2009). *Foundations of Physiological Psychology*. 8th Ed. New Delhi: Pearson Education.
3. Pinel, J. P. J. (2011). *Biopsychology*, 8th Edition. New Delhi: Pearson Education.
4. Kalat, J.W. (2013). *Biological Psychology*. 11th edition. Cengage Learning.
5. Carlson, N.R. , & Birkett, M. A. (2010). *Physiological of Behavior* (12th ed.) Essex, England: Pearson
6. Pinel J.P.J (2014). *Biopsychology* (9th ed.). MA: Pearson.

I B. A. Psychology**Biological PSYCHOLOGY****SEM- 1****MODEL QUESTION PAPER****Paper- 2****Time- 3 hours****Maximum Marks- 60****Section-A****Answer any FIVE Questions****5x4=20**

1. Autonomic nervous system
2. One tail and two tail testing
3. Autonomic nervous system
4. Functions of Forebrain
5. Myelin sheath
6. Blood-brain barrier
7. Dyslexia
8. Brain Plasticity
9. Emotions
10. Fear and anxiety

Section-B**Answer all questions****5x8=40**

11. Describe various research methods to study brain effects.
Or
Explain biological approach to psychology.
12. Describe major divisions of vertebrate brain.
Or
Briefly explain areas of human cerebral cortex.
13. Briefly explain learned adjustments in behaviour.
Or
Describe functions of right and left hemispheres.
14. Briefly explain the concept of and chemical events at synapse.
Or
Explain structure and functions of neurons.
15. Explain functions of emotions and James-Lange theory of emotion
Or
Briefly explain which brain areas are associated with emotion.

I B. A. Psychology
Positive PSYCHOLOGY

SEM- 1**Syllabus****Paper- 3****Unit: I: Introduction to Positive Psychology**

- A) Definitions, Nature and Emergence of positive psychology; Theoretical background of positive psychology: eastern and western perspectives;
- B) Critical psychology, challenges and scope of positive psychology

Unit II: Happiness and Well-being

- A) Positive emotions, happiness: theories; Subjective well-being; Optimism and hope: antecedents
- B) Theories and effects; Character strengths and virtues: classification and development

Unit III: Positive Psychology Practices

- A) Mindfulness: theory and practice; Flow and performance;
- B) Self-compassion, gratitude and forgiveness

Unit IV: Applications of Positive Psychology

- A) In relationships: attachment and love, interpersonal relationships;
- B) Positive schooling and work; Positive communities

Unit V: Alternative Positive Practices

- A) Spirituality and religiosity;
- B) Healing practices: energy healing, reiki, crystal healing and others

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

- a. Synder, C.R., Lopez, S.J. & Pedrotti, J.T. (2018). *Positive Psychology*. 4th Ed. New Delhi: Sage Publishing House.
- b. Carr, A. (2011). *Positive Psychology: The Science of Happiness and Human Strengths*. London: Brunner Routledge.
- c. Boniwell, I. (2012). *Positive Psychology In a Nutshell: The Science of Happiness (3rd edition)*. London: Mc Graw Hill.
- d. Anastasi, A. & Urbina, S. (1997). *Psychological testing*. N.D.: Pearson Education.
- e. Kerlinger, F.N 1983. *Foundations of Behavioural Research*, New York: Surjeet Publications.
- f. Kothari, C.R. 2008. *Research methodology: Methods and Techniques*. New Age International Publishers, New Delhi.
- g. Kumar, R. (2005). *Research methodology: a step-by-step guide for beginners*. London: Sage

I B. A. Psychology
Positive PSYCHOLOGY

SEM- 1**MODEL QUESTION PAPER****Paper- 3****Time- 3 hours****Maximum Marks- 60****Section-A****Answer any FIVE Questions****5x4=20**

1. Definition of Positive Psychology
2. Nature of Positive Psychology
3. Positive Emotions
4. Subjective Well-Being
5. Mindfulness
6. Self-compassion
7. Attachment Theory
8. Positive Schooling
9. Spirituality
10. Positive Practices

Section-B**Answer all questions****5x8=40**

11. Emergence of positive psychology
Or
Theoretical background of positive psychology
12. Theories of Happiness
Or
Character strengths and virtues
13. Flow and performance
Or
Gratitude and forgiveness
14. Attachment and love
Or
Interpersonal relationships
15. Spirituality and religiosity
Or
Healing practices

I B. A. EPJ/ Psychology
GENERAL PSYCHOLOGY II

SEM- 2**Syllabus****Paper- 2, 4****Unit I- Learning:**

- A) Nature and Paradigms of Learning; Classical Conditioning and its determinants; Operant/Instrumental Conditioning and its determinants; key learning processes and learned helplessness.
- B) Types of Learning- Observational, Cognitive, Verbal, Concept and Skill; Transfer of learning; Factors facilitating learning; learning styles; learning disabilities; application of learning principles.

Unit II- Memory:

- A) Nature of Memory; Information Processing Approach- The Stage Model; Memory Systems- Sensory, Short-term and Long-term; Working Memory; Types of LTM.
- B) Nature of Forgetting; Forgetting due to Trace Decay, Interference and Retrieval Failure; Repressed Memories; Enhancing Memory- Mnemonics using Images and Organization.

Unit III- Thinking:

- A) Nature of Thinking; Building Blocks of Thought, Culture and Thinking; The Processes of thinking; Problem Solving; Reasoning; Decision-making.
- B) Nature and process of Creative thinking; Lateral thinking; Developing Creative Thinking; Barriers and strategies for Creative Thinking; Development of Language and Language Use- Bilingualism & Multilingualism.

Unit IV- Motivation:

- A) Nature of Motivation; Types of Motives- Biological/ Physiological (hunger, thirst, sex etc) and Psychosocial (need for- affiliation, power, achievement)
- B) Maslow's Hierarchy of Needs; Freud's Unconscious Motivation Theory; Frustration and Conflict; Frustration-aggression Hypothesis; Need-Conflict-Frustration Route.

Unit V- Emotion:

- A) Nature of Emotions; Bases of Emotion- Physiological, Cognitive, Cultural; Expression of Emotions; Managing Negative Emotions; Enhancing Positive Emotions.
- B) Theories of Emotions- Evolutionary Theory, James-Lange Theory, Cannon-Bard Theory, Schachter-Singer Theory, Cognitive Appraisal Theory, Facial-Feedback Theory.

REFERENCE BOOKS:

1. Morgan, T., King, A., & Schopler, J. (2002) Introduction to Psychology (7th ed.) Tata McGraw-Hill edition.
2. Passer, M. W., & Smith. R. E. (2009). Psychology: The Science of Mind and Behavior (4th ed.). New York, NY: McGraw-Hill Higher Education.
3. Coon, D., & Mitterer, J.O. (2013). Introduction to Psychology: Gateways to Mind and Behavior (13th ed.). Wadsworth, Belmont, CA.

I B. A. EPJ/ Psychology
GENERAL PSYCHOLOGY II

SEM- 2**MODEL QUESTION PAPER****Paper- 2, 4****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Nature of Learning
2. Types of Learning
3. Sensory Memory
4. Retrieval Failure
5. Building Blocks of Thought
6. Bilingualism
7. Biological motives
8. Frustration and Conflict
9. Expression of Emotions
10. Facial-Feedback Theory

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain Classical Conditioning
OR
Describe Observational Learning
12. What is the Stage Model of Memory?
OR
How to enhance Memory?
13. Describe the process of Thinking
OR
List out some barriers of Creative Thinking
14. Explain briefly about Biological Motives
OR
Maslow's Hierarchy of Needs
15. What are the bases of Emotion?
OR
James-lange Theory and Cannon Bard's theory of Emotion

I B. A. EPJ/ Psychology
GENERAL PSYCHOLOGY II

SEM- 2 **Practical Syllabus**

Conduct any **Eight** experiments from the following

50 Marks

1. Paired Associates learning.
2. Habit Interference.
3. Massed vs. Special learning.
4. Effect of meaning on memory.
5. Retroactive Inhibition & Proactive Inhibition.
6. Memory for faces.
7. Letter Digit Substitution test.
8. Span of memory.
9. Sport term memory for digits.
10. Problem solving – Pyramid puzzle

I B. A. Psychology
HEALTH PSYCHOLOGY

SEM- 2**Syllabus****Paper - 5****Unit I: Introduction to Health Psychology**

- A) Definition, need and goals of health psychology; cognitive- behavioural approaches, health-illness and mind-body continuum
- B) Bio-Psychosocial model of health and its implications; Health beliefs

Unit II: Health Behaviour

- A) Health behaviour, its types and characteristics; Theories of health behaviour
- B) Factors influencing health behaviour and the barriers to health behaviour.

Unit III: Lifestyle disorders and Illness

- A) Addiction (substance abuse), its stages and the role of intervention; Stress and hypertension
- B) Coronary Heart Disease (CHD) -Nature and its relationship with depression and hostility as contributing factors.

Unit IV: Enhancing Health Behaviour

- A) Importance of health enhancing behaviour; Role of exercise, yoga, healthy diet, weight management and sleep.
- B) Psychology of pain management, its theories and pain management techniques

Unit V: Health and Well-being

- A) Coping strategies and the role of positive emotions in well-being.
- B) Meditation: types and techniques; Resilience and its role in health and well-being

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Allen, F. (2011). *Health psychology and behaviour*. Tata McGraw Hill Edition.
2. Marks, D. F., Murray, M., Evans, B., & Estacio, E.V. (2011). *Health Psychology*. 3rd Ed. India: SAGE Publications.
3. Sarafino, E. P. and Timothy W Smith (2016). *Health Psychology*. John Wiley & Sons Inc.

I B. A. EPJ/ Psychology
HEALTH PSYCHOLOGY

SEM- 2**MODEL QUESTION PAPER****Paper- 5****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of Health Psychology
2. Psycho-social model of Health
3. Healthy Behavior
4. Barriers to Health Behavior
5. Addiction
6. Depression
7. Enhancing Behavior
8. Pain Management
9. Expression of Positive Emotions
10. Well Being

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain Cognitive and Behavior Approach
OR
Describe Mind-Body Continuum
12. What is Coronary Heart Disease?
OR
How to manage stress and hypertension?
13. Describe the Theories of Health Behavior
OR
List out some barriers of Health Behavior
14. Explain briefly about management of Health Behavior
OR
Theories of Pain Management
15. What are some Coping Strategies?
OR
Meditation and its Importance.

I B. A. Psychology
COGNITIVE PSYCHOLOGY
Syllabus

SEM- 2

Paper- 6

Unit I: Introduction to Cognitive Psychology

- A) History of cognitive psychology; Cognitive Approach and Neurosciences approach;
- B) Methods of Cognitive Psychology and Neurosciences

Unit-II: Intelligence.

- A) Intelligence definition-Theories: Spearman two factors theory, Thurstone's multi factor theory and Sternberg's, Triarchic theories of intelligence
- B) Measurement of Intelligence-Concept of IQ, types of intelligence tests., Intellectually gifted and Retardation; Role of heredity and environment in intelligence.

Unit III: Memory and its processes

- A) Semantic and episodic memory, autobiographical memory, flashbulb memory and prospective memory; Process and models of memory: Atkinson-Shiffrin model, Tulving's model and working memory.
- B) Problem Solving and Decision Making; Language: components, cognitive factors, bilingualism and multilingualism; Concept of problem solving and its methods; Decision making models.

Unit IV- Status of Consciousness:

- A) Sleep and dreams, Hypnosis, Meditation.
- B) Drug- Induced States of Consciousness

Unit V: (Cognitive Neuroscience)

- A) Emergence of cognitive neuroscience; cognitive revolution; Localization and aggregate field view.
- B) Brain mapping; Recent trends in cognitive neuroscience.

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Galotti, K.M. (2017). Cognitive Psychology: In and Out of the Laboratory (6th Edition). SAGE Publications
2. Smith. E.E. & Kosslyn, S.M. (2013). Cognitive Psychology: Mind and Brain. Upper Saddle River, N.J.: Pearson/Prentice Hall
3. Sternberg, R.J. & Sternberg, K. (2016). Cognitive Psychology (6th Edition). Wadsworth: Cengage Learning

I B. A. EPJ/ Psychology
COGNITIVE PSYCHOLOGY

SEM- 2**MODEL QUESTION PAPER****Paper- 6****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of Cognitive Psychology
2. Neuroscience
3. Spearman two factor theory
4. Concept of IQ
5. Flash bulb Memory
6. Multilingualism
7. Hypnosis
8. Drugs
9. Cognitive Revolution
10. Brain Mapping

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the history of cognitive psychology
OR
List out some methods used in Cognitive Psychology
12. What is Thurnstone's multi factor theory?
OR
How to measure Intelligence of a human being?
13. Describe the Atkinson- Shiffrin model
OR
Process of Decision Making
14. Explain briefly about stages of sleep
OR
Theories of Consciousness
15. Emergence of Cognitive Neuroscience
OR
Recent Trends in Cognitive Neuroscience

II B. A. EPJ/ Psychology
SOCIAL PSYCHOLOGY I

SEM- 3**Syllabus****Paper- 3, 7****Unit I: Introduction to Social Psychology**

- A) Nature and scope of social psychology; History of social psychology; Social behavior and thought
- B) Methods of research in social psychology- Observation, Survey, Correlation, Experimental and Field Study.

Unit II: Social Perception: Understanding Others

- A) Attribution; Theories of Attribution; Errors of Attribution; Fundamental Attribution Error
- B) Self Serving Bias, Impression Formation and Impression Management; Techniques of Impression Management

Unit III: Communication

- A) Definition; Nature; Types of Communication; Non-verbal communication
- B) Barriers to Effective Communication; Rumors and Propaganda

Unit IV: Attitude Formation and Change

- A) Definition; Distinctive features of Attitudes; Formation of Attitudes
- B) Measurement of Attitudes; Cognitive Dissonance; Reducing Dissonance

Unit V: Social Influence

- A) Social facilitation; Social loafing; Conformity
- B) Compliance; Obedience; Decision Making by Groups

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Baron and Branscombe (2017) Social Psychology (14th Ed).New Delhi: Pearson
2. Baumeister.R.F. and Bushman,B.J. (2014) Social Psychology and Human nature 3rd Ed. Wadsworth Cengage learning.
3. Myers, D.G. (2013). Social psychology 11th Ed New Delhi: Tata McGraw-Hill.

II B. A. EPJ/ Psychology
SOCIAL PSYCHOLOGY I

SEM- 3**MODEL QUESTION PAPER****Paper- 3,7****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Nature of Social Psychology
2. Social behavior and Thought
3. Self Concept
4. Personal Identity
5. Attraction
6. Closed Relationships
7. Attitude
8. Conditioning
9. Social Influence
10. Obedience

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the history of Social psychology
OR
List out some factors influencing Social Behavior
12. What is Social Comparison?
OR
How to measure Self Esteem using assessments?
13. Types of Communication
OR
Barriers to Effective Communication
14. Explain briefly about Attitude and Behavior
OR
Theory of Cognitive Dissonance
15. Social Conformity
OR
Social Compliance

II B. A. EPJ/ Psychology
SOCIAL PSYCHOLOGY I

SEM- 3

Practical Syllabus

Conduct any **Eight** experiments from the following

50 Marks

1. Sociometry.
2. Measuring style of behavior.
3. Attitude measurement.
4. Serial reproduction of an event.
5. Level of aspiration.
6. Suggestion
7. Social adjustment
8. Bogardus social distance scale.
9. Observation
10. Self- esteem.

II B. A. Psychology
ORGANIZATIONAL PSYCHOLOGY

SEM- 3**Syllabus****Paper- 8****Unit I: Introduction to Organizational Behaviour**

- A) History of organizational behaviour; Major Fields of organizational behaviour.
- B) Fundamental concepts; Importance of organizational behaviour and the challenges faced

Unit II: Individual Behaviour Processes

- A) Job satisfaction its antecedents, consequences and measurement;
- B) Theories of work motivation

Unit III: Dynamics of Organizational Behaviour

- A) Organizational culture and climate; Organizational politics;
- B) Positive organizational behaviour and work ethics; Organizational commitment

Unit IV: Leadership and its theories

- A) Theories of Leadership; Types of leadership;
- B) Indian perspective of leadership and the challenges faced

Unit V: Problems related to workplace

- A) Work-life balance and stress management; Attrition; Addiction;
- B) Aggression in workplace, bullying, harassment, sexual harassment and workplace violence.

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Pareek, U. & Khanna (2018). *Understanding Organizational Behaviour*. 4th Ed Oxford: Oxford University Press.
2. Schermerhorn, Jr., Osborn, J.G.& Uhl-Bien, M. (2016). 13th Ed *Organizational Behaviour*. New Delhi: Wiley India.
3. Schultz, D.P. Bulgar A.C.& Schultz E.S., (2020), *Psychology and Work Today*, 11th Ed., Routledge Publishers.

II B. A. Psychology
ORGANIZATIONAL PSYCHOLOGY

SEM- 3**MODEL QUESTION PAPER****Paper- 8****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of Organizational Psychology
2. Major fields of Organizational Psychology
3. Job Satisfaction
4. Work Motivation
5. Organizational Culture
6. Work Ethics
7. Leadership
8. Types of Leaders
9. Stress Management
10. Workplace Violence

Answer ALL the questions**5x8= 40**

11. Explain the history of Organizational psychology
OR
List out some fundamental concepts of Organizational e Psychology
12. What is Job satisfaction?
OR
How to identify Individual Behaviour Processes?
13. Describe Organizational culture and climate
OR
Positive Organizational behavior and Work Ethics
14. Explain briefly about Indian perspective of Leadership.
OR
Theories of Leadership
15. Emergence of Organizational Psychology
OR
Bullying and Sexual harassment at workplace.

II B. A. Psychology
PERSONALITY PSYCHOLOGY

SEM- 3**Syllabus****Paper- 9****Unit I: Introduction to Personality**

Introduction to personality: Definition and concepts; Factors influencing personality;
Assessment and methods of research in personality.

Unit II: Psychodynamic Theories

Classical psychoanalysis: Freud; Neo-Freudian theories: Jung, Adler, Erickson and Horney;
Personality Assessment: Myers-Briggs Type Indicator

Unit III: Behavioral and Trait Theories

Hippocrates and Sheldon; Behaviorism: Skinner; Social Learning: Bandura;
Trait theories: Allport and Cattell

Unit IV: Existential and Humanistic Theories

Existential theories: Rollo May and Victor Frankl;
Humanistic theories: Abraham Maslow and Carl Rogers

Unit V: Theories on Specific Facets of personality

Psychology of reversals: Smith and Apter; Rotter's Locus of control; Seligman: Learned helplessness, explanatory style; Zukerman: Sensation-seeking

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Schultz, D.P. & Schultz, S.E. (2013). *Theories of Personality* (10 Ed.). New Delhi: Cengage Learning.
2. Hall, C.S., Lindzey, G. & Campbell, J.B. (2007). *Theory of personality* (4th ed.). New York: John Wiley
3. Cornelissen, R.M.M., Misra, G & Varma, S (2014). *Foundations and Applications of Indian Psychology*. Pearson Education.

II B. A. Psychology
PERSONALITY PSYCHOLOGY

SEM- 3**MODEL QUESTION PAPER****Paper- 9****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of Personality Psychology
2. Concepts of Personality Psychology
3. Psychoanalysis
4. Myers- Briggs
5. Behaviorism
6. Social Learning
7. Rollo May
8. Carl Rogers
9. Psychology of Reversals
10. Sensation Seeking

Answer ALL the questions**5x8= 40**

11. Explain the history of Personality psychology
OR
List out some factors influencing Personality Psychology
12. What is Classical Psychoanalysis?
OR
How to measure Personality using assessments?
13. Describe views of Hippocrates and Sheldon
OR
Bandura's Social Learning Theory
14. Explain briefly about Existential Theories.
OR
Theory of Abraham Maslow
15. Emergence of Personality Psychology
OR
Rotter's Locus of Control.

II B. A. EPJ/ Psychology
SOCIAL PSYCHOLOGY- II

SEM- 4**Syllabus****Paper- 4, 10****Unit I: Aggression: Nature, Causes and Control**

- A) Definition; Theories on Aggression- Theoretical Perspectives & Biological Perspectives; Drive Theories
- B) Causes of aggression: social, cultural, personal and situational; General Effective Aggression Model; Prevention and control of aggression

Unit II: Stereotyping, Prejudice and Discrimination

- A) Definition- Stereotyping, Prejudice and Discrimination; Nature and Origin of Prejudice, Techniques of reducing Prejudice
- B) Stereotyping- Nature and Causes; Discrimination- Nature and Causes

Unit III: Group Dynamics

- A) Theories on Aggression; Causes of aggression: social, cultural, personal and situational;
- B) Aggression in classroom and workplace; Prevention and control of aggression

Unit IV: Leadership

- A) Definition; Traits of Leader; Types of Leader- Autocratic, Democratic and Charismatic
- B) Classical Studies on Leadership, Leader Behavior- Initiating Structure and Consideration

Unit V: Prosocial Behaviour

- A) Prosocial behaviour; Motives for prosocial behaviour; Bystander effect;
- B) Crowdfunding and factors influencing prosocial behaviour

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Baron and Branscombe (2017) Social Psychology (14th Ed).New Delhi: Pearson
2. Baumeister.R.F. and Bushman,B.J. (2014) Social Psychology and Human nature 3rd Ed. Wadsworth Cengage learning.
3. Myers, D.G. (2013). Social psychology 11th Ed New Delhi: Tata McGraw-Hill.

II B. A. EPJ/ Psychology
SOCIAL PSYCHOLOGY- II

SEM- 4**MODEL QUESTION PAPER****Paper- 4,10****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Nature of Social Psychology
2. Non Verbal Communication
3. Group Dynamics
4. Group decision making
5. Aggression
6. Causes of Aggression
7. Stereotyping
8. Prejudice
9. Pro-social Behavior
10. Bystander Effect

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the history of Social psychology
OR
List out some factors influencing Social Behavior
12. What is Group Decision Making?
OR
Describe Leadership and some of the Styles?
13. Describe Aggression sources of Aggression
OR
Prevention and control of Aggression
14. Explain briefly about Prejudice and Discrimination
OR
Nature and Origin of Stereotyping
15. Pro Social Behavior Motives
OR
Factors influencing Pro Social Behavior

II B. A. EPJ/ Psychology
SOCIAL PSYCHOLOGY II

SEM- 4 **Practical Syllabus**

Conduct any **Eight** experiments from the following

50 Marks

1. Anger.
2. Leadership preference scale.
3. Decision making
4. Group behavior.
5. Social adjustment maturity.
6. Leader behavior.
7. Group norms.
8. Group management.
9. Cohesiveness.
10. Emotional adjustment.

II B. A. Psychology
HUMAN RESOURCE PSYCHOLOGY

SEM- 4**Syllabus****Paper- 11****Unit I: Introduction to Human Resources Psychology**

History of HRM and HRD; Major concepts in human resource management; Importance of HRM and the challenges faced

Unit II: Human Resource Practices

Job Analysis; Recruitment and Selection

Unit III: Training and Evaluation

Types of training; Performance Appraisals

Unit IV: International Human Resource Management

Globalization and Cross-national organizations and its types; Role of IHRM; Cultural differences; Policies and practices in the multi-national enterprises

Unit V: Retention and Motivation

Theories of Job dissatisfaction (Hawthorne, Maslow, Herzberg, McGregor, Carrot and stick);

Models and techniques of performance appraisal.

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Chadha, N.K. (2002). Human Resource Management: Issues, Case Studies & Experiential Exercises. New Delhi: Shri Sai Printographers
2. De Cenzo and Robbins, S.P. (2016). Fundamentals of human resource management (8thed). NY: Wiley.
Muchinsky, P. (2006). Pearson Education.
3. Smither, R.D. (1988). The psychology of work and human performance. NY: Harper and Row

II B. A. Psychology
HUMAN RESOURCE PSYCHOLOGY

SEM- 4**MODEL QUESTION PAPER****Paper- 11****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of Human Resources Psychology
2. Importance of Human Resources Psychology
3. Job analysis
4. Selection
5. Training
6. Evaluation
7. Globalization
8. Cross-national organizations
9. Retention
10. Motivation

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the history of Human Resources psychology
OR
List out some major concepts in Human Resources
12. What is Human Resources Practices?
OR
Describe Recruitment through Human Resources
13. Describe International Human Resources Management
OR
Policies and Practices in the multi-national enterprises
14. Explain briefly about Types of Training
OR
Nature of Performance appraisals
15. Theories of Job dissatisfaction
OR
Models of performance appraisal

II B. A. Psychology
CRIMINAL PSYCHOLOGY

SEM- 4**Syllabus****Paper- 12****Unit I: Introduction to Criminal Psychology**

- A) Nature and Historical Perspective of Criminal behaviour; Techniques of studying criminal behaviour
- B) Biological and sociological analysis of crime; Psychological perspectives on crime analysis

Unit II: Understanding Criminal Behavior

- A) Definition of Criminal Behavior; Psychology of crime
- B) Determinants of criminal behavior biological, psychological, neuropsychological and social

Unit III: Special Offender Groups and Special Offences

- A) Juvenile delinquency, Mentally ill offenders and substance abusers; Serial killers, Rampage killers
- B) Crime against women; Suicide and Homicide; Drugs and Crime; and Terrorism

Unit IV: Violent Criminal Behaviour

- A) Psychology of aggression and violence; Bullying, Harassment and Stalking
- B) Cyber crimes- defined governed and cyber terrorism; Sex offenders and Psychopaths

Unit V: Prevention and Assessment

- A) Psychological precursors to crime; Diagnostic Psychological tests: 16PF, MMPI, Projective tests and FIRO-B
- B) Mental health and law; Rehabilitation in Family and Society

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Fulero, S, & Wrightsman, L. (2014). *Forensic Psychology*. New York: Wadsworth Publishers.
2. Goldstein A.M (2012) *Forensic Psychology: Emerging Topics and Expanding Roles*. New York; John Wiley
3. Bartol, C., & Bartol, A. (2018). *Introduction to Forensic Psychology: Research and Application* (Fifth ed.). London: SAGE.

II B. A. Psychology**CRIMINAL PSYCHOLOGY****SEM- 4****MODEL QUESTION PAPER****Paper- 12****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of Criminal Psychology
2. Importance of Criminal Psychology
3. Criminal Behavior
4. Psychology of Crime
5. Serial Killers
6. Suicide
7. Bullying
8. Cybercrime
9. 16PF
10. Rehab

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the history of Criminal Psychology
OR
List out some major concepts in Criminal Psychology
12. What is meant by understanding criminal behavior?
OR
Describe determinants of criminal behavior
13. Describe Juvenile delinquency
OR
List out some Crimes against Woman
14. Explain Psychology of aggression and violence
OR
Nature of Psychopath
15. Competency Diagnostic Psychological tests
OR
Mental health and Law

III B. A. EPJ/ Psychology
EDUCATIONAL/SCHOOL PSYCHOLOGY

SEM- 5**Syllabus****Paper- 5, 13****Unit I: Introduction to Educational Psychology**

- A) Nature, scope & relevance of educational psychology; Conceptual and theoretical perspectives in educational psychology
- B) Perspectives on learning: behavioristic and social learning, cognitive & humanistic perspectives, constructivism

Unit II: Diversity in Learning

- A) Types of cognitive styles; Mnemonics, learning strategies, meta-cognitive strategies
- B) Readiness for learning and classroom achievement; Demographic factors influencing learning

Unit III: Effective Teaching and Classroom Management

- A) The characteristics of effective teachers; Types of learners and learning methods
- B) Teaching-learning process (Using technology, interviews and observation)

Unit IV: Special education and Exceptional Children

- A) Concept and categorization of exceptionality; Gifted children and educational implications
- B) Role of teachers in dealing with children with special needs.

Unit V: Mental Health in Educational Setup

- A) Common developmental delays and learning disability; Intervention techniques for children
- B) Play therapy and various expressive arts therapies

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Santrock, John W. (2017). *Educational Psychology* (4th ed.). New Delhi: Tata McGraw-Hill publishing company limited.
2. Mangal, S. K. (2007) *Essentials of Educational Psychology*. New Delhi: Prentice Hall of India.
3. Ramalingam, Panch. (2016). *School Psychology in Indian Context*, Delhi: Sage Publications
4. S.K.Mangal (1982).*Educational Psychology*. Prakash brothers' educational publications,Ludhiana.
5. H.r.Bhatia (1977) *A text book of educational psychology* Macmillian India Ltd.
6. S.N.Rao.(1990) *Educational psychology*.Wiley eastern Limited.

III B. A. EPJ/ Psychology
EDUCATIONAL/SCHOOL PSYCHOLOGY

SEM- 5**MODEL QUESTION PAPER****Paper- 5, 13****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Nature of Educational Psychology
2. Importance of Educational Psychology
3. Cognitive Styles
4. Mnemonics
5. Effective Teaching
6. Interviews
7. Special Education
8. Gifted Children
9. Learning Disability
10. Play Therapy

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the scope of Educational Psychology
OR
List out some major concepts in Educational Psychology
12. What is meant by Diversity in Learning?
OR
Describe strategies for meta-cognitive learning
13. Describe characteristics of effective teachers
OR
Discuss about some type of learners and learning methods
14. Explain briefly about Exceptional Children
OR
Role of teachers in dealing with children with special needs.
15. Mental health in Educational setup
OR
Intervention techniques for children

III B. A. EPJ/ Psychology
EDUCATIONAL PSYCHOLOGY I

SEM- 5

Practical Syllabus

Conduct experiments from the following

50 Marks

1. Immediate memory span
2. Learning experiment -- Draw learning curve
3. Adjustment inventory
4. Thurston interest scale
5. Sociometry

III B. A. EPJ/ Psychology

ABNORMAL PSYCHOLOGY I/ PSYCHOPATHOLOGY

SEM- 5

Syllabus

Paper- 6, 14

Unit I: Introduction to Abnormal Psychology

- A) Abnormal behaviour; Classification and causal factors
- B) Clinical assessment –DSM-5 and ICD-10

Unit II: Stress and Anxiety Disorders

- A) Clinical symptoms of Stress, Anxiety; Generalized Anxiety Disorder
- B) Phobia and post-traumatic stress disorder (PTSD) & OCD (Obsessive Compulsive Disorder)

Unit III: Mood Disorders

- A) Clinical Symptoms of mood disorders
- B) Depressive disorder; Bipolar disorder

Unit IV: Somatic and Dissociative Disorders

- A) Somatic symptoms and related disorders
- B) Conversion disorder; Dissociative identity disorder

Unit V: Common Disorders of Childhood

Specific Learning disability; Autism spectrum disorder

Attention deficit hyperactivity disorder (ADHD)

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Barlow H. & Durand V. Mark (2014). *Abnormal Psychology: An Integrative Approach*. Delhi: Cengage Learning India.
2. Bennett, P. (2006). *Abnormal and Clinical Psychology: An Introductory Textbook*. New York: Open University Press.
3. American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (5th ed.)*
4. Lamm, A. (1997). *Introduction to psychology*, N.Y.Sage publication.
5. Buss, A.H. (1999). *Psychology*. N.Y.John Wiley.
6. Irvin G. Sarason, Barbara R. Sarason (2006). *Abnormal Psychology 11th edition*. Prentice hallindia.
7. Carson. *Abnormal Psychology 13th edition*. Pearson education India.

III B. A. EPJ/ Psychology**ABNORMAL PSYCHOLOGY I/ PSYCHOPATHOLOGY****SEM- 5****MODEL QUESTION PAPER****Paper- 6, 14****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Nature of Abnormal Psychology
2. Importance of Abnormal Psychology
3. Post traumatic stress disorder (PTSD)
4. Obsessive compulsive Disorder (OCD)
5. Mood Disorders
6. Depressive Disorders
7. Somatic Disorder
8. Conversion Disorder
9. Child Disorders
10. Autism

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the scope of Psychopathology
OR
List out some major classifications in Abnormal Psychology
12. What is meant by Anxiety Disorders?
OR
Describe strategies to cope up with Stress.
13. Describe some clinical symptoms of Mood Disorders
OR
Briefly explain about Bipolar Disorder
14. Explain briefly about Somatic Symptoms and related disorders
OR
What is Dissociative Identity Disorder?
15. List out some common disorders in childhood
OR
Explain Attention Deficit Hyperactivity Disorder (ADHD)

III B. A. EPJ/ Psychology
ABNORMAL PSYCHOLOGY I

SEM- 5

Practical Syllabus

The student is required to do following psychological tests:

50 Marks

1. Stressful life- event scale.
2. Anxiety.
3. Self – esteem
4. Extraversion and neuroticism personality assessment.
5. World – association technique.

III B. A. Psychology**RESEARCH METHODOLOGY AND STATISTICS IN PSYCHOLOGY****SEM- 5****Syllabus****Paper- 15****Unit I: Basics of Research & Statistics in Psychology**

- A) The purpose of psychological research; Hypothesis; Ethics in psychological research; Types of quantitative research- fundamental, action, exploratory, descriptive and experimental; Nature of qualitative research.
- B) Statistics in social science research; Relevance of Statistics in Psychological Research; Variables Nature and types and constants; Scales of measurement

Unit II: Sampling Techniques and Data Collection Methods

- A) Determination of size of the sample; Probability sampling techniques; Non-probability sampling techniques.
- B) Primary data and secondary data; Case study, observation, interview, group discussion, survey; Characteristics of a good test.

Unit III: Measurement, Descriptive Statistics and Normal Distribution

- A) Central tendency: mean, median, mode; Variability: range, variance, standard deviation.
- B) Graphical representation: histogram, bar chart, frequency polygon, ogive; Frequency distributions/ (Normal distribution); z-scores and standardization.

Unit IV: Correlation & Regression

- A) Correlation: nature, measurement, significance; Pearson's product moment and Spearman's Rho.
- B) Regression: linear equation, significance of regression equation, predictability.

Unit V: Hypotheses and Levels of Significance & Basic Inferential Statistics

- A) Hypothesis testing; levels of significance; Errors in hypothesis testing: type I & type II.
- B) Parametric: t test, ANOVA and Non-Parametric tests: Chi-square: test of association, Wilcoxon signed ranks; Mann-Whitney U test; Software for statistical analysis.

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Bordens, K.S., & Abbott, B.B. (2018). *Research and design methods: A process approach* 10th ed.). New Delhi: Tata McGraw-Hill Company Limited
2. Coolican H. (2004). *Research methods and Statistics in Psychology* London: Hoddes Arnold.
3. Bryman,A. (2007) *Sage Benchmarks in social science research methods*Vol.I,Vol.II, Vol.III,and Vol. IV.New Delhi Sage Publications
4. Gravetter, F. J., & Forzana, L. A. B. (2009). *Research methods for behavioral sciences* . Wordsworth: Cengage Learning.
5. Singh, A.K. (2010). *Test, measurements and research methods in behavioural sciences*. 5th Ed. Patna: BharathiBhavan Publishers and Distributors.
6. Aron, A., Aron, E.N., & Coups, E.J. (2007). *Statistics for Psychology* (4th Ed.). Delhi: Prentice Hall of India.

III B. A. Psychology**RESEARCH METHODOLOGY AND STATISTICS IN PSYCHOLOGY****SEM- 5****MODEL QUESTION PAPER****Paper- 15****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Nature of Psychological Research
2. Importance of Psychological Research
3. Probability
4. Non- Probability
5. Statistics in Research
6. Variables
7. Central Tendency
8. Graphical Representation
9. Correlation
10. Regression

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the purpose of psychological research
OR
List out some Ethics in psychological research
12. What is meant by size of the sample?
OR
Describe Characteristics of a good test.
13. Describe some types of Central Tendency
OR
Briefly explain about Graphical Representation
14. Explain briefly about nature and significance of Correlation
OR
What is Regression?
15. List out some Parametric tests and explain.
OR
Explain Hypothesis testing

III B. A. Psychology
SPORTS PSYCHOLOGY

SEM- 5**Syllabus****Paper- 16****Unit I: Introduction to Sports Psychology**

- A) History, nature, and scope of sports psychology; Role of a sports psychologist
- B) Recent perspectives - issues of race, gender and sexual orientation in sports.

Unit II: Cognitive and Psychosocial Aspects in Sports Psychology

- A) Personality traits and sports behaviour: Trait theories and mental toughness; Personality development and sports: Social learning theory; Attitude to sport.
- B) Motivation and sport: Theories of motivation; intrinsic and extrinsic motivation, self-efficacy; counterfactual thinking

Unit III: Group Aspects in Sports

- A) Groups and teams; social facilitation; Negative effects of team leadership; leadership.
- B) Aggression; theories of aggression; reduction of aggression; aggression, injury and addictive behaviours.

Unit IV: Arousal, Anxiety, Stress and Sports Performance

- A) Definitions of arousal, anxiety and stress; factors inducing anxiety and stress; the relationship between arousal and performance.
- B) Burnout, overtraining & overreaching; Drug abuse in sport and exercise.

Unit V: Interventions in Sports Psychology

- A) Cognitive and behavioural interventions: relaxation, self- talk, hypnosis, imagery.
- B) Psychological skills training; classifying skills; stages of skill acquisition

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Jarvis, Matt (2006) *Sports Psychology: A Student's Handbook*. New York: Routledge.
2. Horn, T. S (Ed) (2008). *Advances in sports psychology*. 3rd Ed Canada: Herman Kinetics.
3. Murphy, E. (1995) *Advances in Sports Psychology*. Illinois: Human Kinetics.

III B. A. Psychology
SPORTS PSYCHOLOGY

SEM- 5**MODEL QUESTION PAPER****Paper- 16****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Nature of Sports Psychology
2. Importance of Sports Psychology
3. Personality Traits
4. Sports Behavior
5. Social Facilitation
6. Aggression
7. Arousal
8. Burnout
9. Relaxation
10. Classifying Skills

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the scope of Sports Psychology
OR
Discuss a few words about recent perspectives in Sports Psychology
12. What is meant by Attitude to Sport?
OR
Describe Self- Efficacy.
13. Describe some effects of team leadership.
OR
Briefly explain about theories of aggression.
14. Explain briefly about the relationship between arousal and performance.
OR
What is Drug abuse in sport and exercise?
15. List out some Behavioral Interventions and explain.
OR
Explain Stages of Skill Acquisition.

17. Experimental Psychology – practical

18. Field Practice - Internship

SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA

III BA VI - Semester

Paper - 8. Abnormal Psychology (Cluster A-1)

Practicum

Max Marks: 50

1. Depression questionnaire.
2. Wellbeing scale.
3. Problem checklist.
4. Eysenck personality.
5. Visit an old age home/ mental retarded institute.

SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA

III BA VI - Semester

Paper -9. Developmental Psychology (Core-A2)

Practicum

Max marks:50

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Cattles

1. High school personality questionnaire.
2. DAT
3. Immediate memory span.
4. Learning experiment – draw learning curve.
5. Project work – Victim of Girl Child.

III B. A. EPJ/ Psychology
COUNSELLING PSYCHOLOGY

SEM- 6**Syllabus****Paper- 7, 19****Unit I: Basic Concepts in Counselling**

- A) Definition and goals of counselling; Guidance, counselling and psychotherapy.
- B) Historical development of counselling; Status of counselling in India and trends in counselling

Unit II: Process of Guidance

- A) Assessment in guidance; Educational and vocational guidance.
- B) Guidance techniques: individual and group guidance process

Unit III: The Counselling Process

- A) Building counselling relationships; Characteristics of an effective counsellor.
- B) Working in a counselling relationship; Termination of counselling relationships

Unit IV: Conventional Approaches to Counselling

- A) Freudian approach and Adlerian approach; Rogerian person-centered therapy.
- B) Gestalt therapy; Behaviour therapy, CBT and REBT

Unit V: Contemporary Approaches to Counselling

- A) Family systems therapy; Narrative therapy; Bibliotherapy.
- B) Creative and expressive arts therapies (art, music, dance, etc)

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Gladding, S.T. (2012). *Counselling: A Comprehensive Profession*. 7th Ed. New Delhi: Pearson
2. Corey, G. (2019). *Theory and practice of counseling and psychotherapy*. Pacific Grove,
3. Sharf, R.S. (2000). *Theories of psychotherapy and counseling: Concepts and cases* (2nd Ed.).

III B. A. EPJ/ Psychology
COUNSELLING PSYCHOLOGY

SEM- 6**MODEL QUESTION PAPER****Paper- 7,19****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of counselling
2. History of counselling
3. Educational Guidance
4. Vocational Guidance
5. Counselling Relationship
6. Termination
7. Counselling Approach
8. Cognitive Behavioral Therapy CBT
9. Family Therapy
10. Art Therapy

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the scope and goals of counselling
OR
Discuss a few words about Status of counselling in India
12. What is meant by Assessment in Guidance?
OR
Describe some of the Guidance Techniques.
13. Describe some Characteristics of an effective counsellor.
OR
Briefly explain about Working in a counselling relationship.
14. Explain Freudian Approach to Counselling.
OR
What is Rational Emotive Behaviour Therapy (REBT)?
15. List out some Contemporary Approaches to Counselling.
OR
Explain Creative and expressive arts therapies (art, music, dance, etc)

III B. A. EPJ/ Psychology**ABNORMAL PSYCHOLOGY II/ MENTAL HEALTH****SEM- 6****Syllabus****Paper- 8, 20****Unit I: Introduction to Schizophrenia Spectrum and Psychotic Disorders**

- A) Clinical symptoms of schizophrenia spectrum disorder
- B) Clinical Symptoms of psychotic disorders

Unit II: Substance Use and Related Disorders

- A) Alcohol related disorders- Alcoholism, Mental Illness, Depression, Anxiety, and Suicidal Thoughts.
- B) Drug abuse and addiction- Caffeine, Nicotine, Opioids, Marijuana, Cocaine, Hallucinogens etc.

Unit III: Personality Disorders

- A) Antisocial personality disorder- Causes, Diagnosis, Treatment, Psychopaths, Serial Killers etc.
- B) Borderline personality disorder- Causes, Symptoms, Diagnosis, Dialectical Behaviour Therapy (DBT)

Unit IV: Sexual Dysfunction and Paraphilic Disorders

- A) Sexual dysfunction- FSD, HSDD, MSD, ED, Causes, Antidepressant Drugs etc.
- B) Paraphilia Disorders- Characteristics, Biological Factors, Types of perversion, DSM 5 Diagnosis.

Unit V: Interventions in Abnormal Psychology

- A) Psychological intervention; Rehabilitation and psychotherapy
- B) Biological intervention: pharmacological therapy and convulsive therapy

TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.)
2. Butcher, J.N., Hooley, J.M., & Mineka, S. (2014). *Abnormal Psychology* (16th Ed). New York: Pearson
3. Barlow, D.H. & Durand, V.M. (2013). *Abnormal Psychology: An Integrative Approach* (7th Ed). Noida: Cengage Learning India Edition

III B. A. EPJ/ Psychology**ABNORMAL PSYCHOLOGY II/ MENTAL HEALTH****SEM- 6****MODEL QUESTION PAPER****Paper- 8, 20****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of Mental Health
2. History of Psychotic Disorders
3. Alcohol Related Disorders
4. Drug Abuse
5. Serial Killer
6. Dialectical Behavior Therapy (DBT)
7. Sexual Dysfunction
8. Paraphilia
9. Interventions
10. Rehabilitation

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the Clinical symptoms of schizophrenia
OR
Discuss a few words about psychotic disorders
12. What is meant by Alcoholism?
OR
Describe some of the Addictions.
13. Describe some Characteristics of an Antisocial Person.
OR
Briefly explain about Borderline Personality Disorder.
14. Explain causes and treatment for Sexual Dysfunction.
OR
What are Paraphilic Disorders?
15. List out some Interventions in Abnormal Psychology.
OR
Explain pharmacological therapy and convulsive therapy.

III B. A. EPJ/ Psychology**DEVELOPMENTAL PSYCHOLOGY / LIFE SPAN PSYCHOLOGY****SEM- 6****Syllabus****Paper- 9, 21****Unit I: Introduction to Developmental Psychology**

- A) Definitions and concepts of human development; Domains and periods of lifespan development: Themes in the study of human development; Heredity, environment and behaviour; History of developmental psychology
- B) Theories of development: The psychoanalytic viewpoint; The learning viewpoint; The cognitive-development viewpoint; Ecosystems and ethological approach

Unit II: Prenatal Development and Infancy

- A) Basic genetics and conception; Prenatal developmental milestones; Psychological implications during the prenatal period; Child birth and complications; Newborn's readiness for life; Hazards.
- B) Development of the brain; Sensory development in infancy; Motor development in infancy; Emotional development in infancy; Developmental Tasks

Unit III: Childhood

- A) Cognitive development in infancy; Piaget and Vygotsky's approach to cognitive development; Beginnings of language, stages of language development; Components of language, Language Acquisition device
- B) Information processing approaches to cognitive development; Theories of attachment; Theory of psychosocial development; Theory of mind.

Unit IV: Puberty and Adolescence

- A) Physical transition into adolescence; Gender differences in puberty; Psychological impact during puberty; Sexuality in adolescents and its consequences.
- B) Theories of moral development: Kohlberg's model, Piaget's theory; Damon's view of moral identity; Gilligan's theory of women's moral development.

Unit V: Adulthood and Old Age

- A) Developmental milestones in adulthood; Vocational and Family Adjustments; Mid-life crises and empty-nest syndrome; Parenting and parenting styles
- B) Challenges of old-age; Retirement: stages and challenges; Facing existential questions and nearing death; Dealing with grief and loss.

TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL

1. Berk, L.C. (2013). *Child Development*. 9th Ed. New Delhi: Prentice Hall of India (Pvt) Ltd.
2. Rathus, S. A. (2017). *Human Development - HDEV*, 3rd ed. Belmont,
3. Feldman, R.S. (2016). *Development across the Life Span*. 8th Ed, New Delhi: Pearson.

III B. A. EPJ/ Psychology**DEVELOPMENTAL PSYCHOLOGY / LIFE SPAN PSYCHOLOGY****SEM- 6****MODEL QUESTION PAPER****Paper- 9, 21****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of Human Development
2. learning viewpoint
3. Prenatal developmental milestones
4. Sensory development
5. Cognitive Development
6. Attachment
7. Adolescence
8. Moral Development
9. Adulthood
10. Old Age

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the Domains and periods of lifespan development
OR
Discuss a few words about Theories of development
12. What is meant by Prenatal development?
OR
Describe some of the Developmental Tasks in Infants.
13. Describe Vygotsky's approach to cognitive development.
OR
Briefly explain about theory of psychosocial development.
14. Explain Physical transition into adolescence.
OR
What is Damon's view of moral identity?
15. List out some Developmental milestones in adulthood.
OR
Explain stages and challenges faced in Old Age.

III B. A. Psychology

REHABILITATION PSYCHOLOGY

SEM- 6

Syllabus

Paper- 22

Unit I- Nature and Scope of Rehabilitation psychology

- A) Definition, historical perspective, scope and methods; Functions of Rehabilitation Psychology: General functions and special functions; Goals and objectives of rehabilitation
- B) Multi-disciplinary approach to rehabilitation: Biological, medical, psychological, educational and social aspects.

Unit II- Disabilities

- A) Disability - Concept and definitions; Types of disabilities: Visual impairment, Hearing and speech impairment, Locomotor disability, Mental retardation, Cerebral palsy, Autism , Mental illness; Learning disabilities, Multiple handicaps.
- B) Personality Development of Disabled Persons; Factors influencing personality development of disabled individuals; Life span development of people with disabilities; Assessment of personality of disabled individuals

Unit III. Intervention

- A) Early intervention: definition, assessment and strategies for intervention. Screening and early identification of people with developmental disabilities.
- B) Special education: – aims, objectives and functions, Emerging trends in special education; Educational assessment and evaluation for persons with disabilities; Educational technology for disabled

Unit IV. Psychological Intervention

- A) Planning Intervention: Psychoanalytic Approach, Learning Theories and Strategies, Planning and Designing, Learning Situations, Counselling Strategies.
- B) Therapeutic services and Restorative techniques. Designing Training Programmes for Professionals: Training Need Analysis, Implementation of Training Programmes.

Unit V- Rehabilitation in India

- A) Organization & Management: Evolution of Non-Government Organizations, Background Characteristics of Organization
- B) Capacity Building of Non-Government Organizations; Services and programmes for disabled individuals and their families in India

Recommended Readings: Bolton B., 1987. Handbook of Measurement and Evaluation in Rehabilitation, Second Edition. Paul H. Brookes, Baltimore, London; Brown Roy I., & E. Anne Hughson, 1987. Behavioural and Social Rehabilitation and Training. John Wiley & Sons Ltd; Chadha N.K. & Nath S., 1993. Issue and Trends in Rehabilitation Research. Friends Publication, Delhi; Gokhale S.D., 1987. Rehabilitation: Attitude and Reality. Rehabilitation Coordination India. Tata McGraw-Hill Publishing Company Limited, New Delhi.

III B. A. Psychology
REHABILITATION PSYCHOLOGY

SEM- 6**MODEL QUESTION PAPER****Paper- 22****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of Rehabilitation
2. Psychological approach to rehabilitation
3. Disability
4. Assessment of Personality
5. Intervention
6. Special Education
7. Learning Situations
8. Restorative Techniques
9. Non-Government Organization (NGO)
10. Capacity Building

SECTION- B**Answer ALL the questions****5x8= 40**

11. Explain the Nature and Scope of Rehabilitation psychology
OR
Discuss a few words about Multi-disciplinary approach to rehabilitation
12. What is meant by Mental Retardation?
OR
Describe some Factors influencing personality development of disabled individuals.
13. Describe assessment and strategies for intervention.
OR
Briefly explain about Emerging trends in special education.
14. Explain Psychoanalytic Approach of Intervention.
OR
What are Therapeutic services and Restorative techniques?
15. List out some Non Government Organizations In India.
OR
Explain Evolution of Non-Government Organizations.

23 psychological assessment

24 project

Blue print**Time: 3 Hours****Max Marks: 60**

	Short questions	Essay questions
Unit-I	2	2
Unit-II	2	2
Unit-III	2	2
Unit-IV	2	2
Unit-V	2	2
Total	10	10

List of Paper Setters and Examiners

1. Dr. P. Srinivas M.A. Ph.D., Principal, Govt. Degree College, Pamarru.
2. Dr. D. Chandrika M.Sc, Ph.D., Govt. Women College, Guntur.
3. Sri. B. Yesopu, Lecturer in Psychology Andhra Christian College, Guntur

SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA
Psychology practical 2
At the end of 5th & 6th Semesters
Max.Marks:100

Semester V & VI – practical (internal Assessment)**50 Marks**

Practical work at the classroom	= 20 marks
Record	= 20 marks
Performance in the class	= 10 marks

Total	50 marks

Semester V & VI – practical – External assessment**50 Marks**

Conduction of practical	= 20 marks
Record	= 20 Marks
Viva	= 10 marks

Total	50 marks

SRR & CVR Government Degree College (A), Vijayawada

Department of Psychology

Action Plan for the A.Y.2021-22: : Semester I/III/V

Date: 28-10-2021

SL.NO	MONTH	Activity proposed by the Lecturer	If conducted or not	Remarks
1	October-21	-		
2	November-20	Name: G. Venkateswarlu Activity: Guest Lecture		
3	December-21	Name: S. Harsha Sadgun Activity : Quiz		

4	January-18	Name: G. Venkateswarlu Activity : Memory Skill (Seminar)		
5	February - 22	Name: G. Venkateswarlu Activity: Stress Management (Seminar)		
6	March- 03	Name: M. Sudheer Kumar Activity : Mental Retardation Awareness (Field Trip)		

Scheme of the Evaluation

Internal assessments

Internal assessment includes assignments, peer evaluation, logical tests etc. The internal assessment of 40 for each course will be as follows.

Sl. No	Type of question paper	No. of questions	Marks allotted to each question	Total Marks
1.	Essay question	2	10	20
2.	Short question	2	5	10
3.	Attendance			05
4.	Assignment/ Seminar/ Field trip/ Subject Quiz/ Role play			05
Total Marks				40

Note:- Each semester consists of two mid-term examinations the average of 1 & 2 examinations shall be taken as internal assessment.

Note : The average of 1 and 2 evaluations shall be taken as internal assessment for 20 marks.

Note : There is no minimum pass mark out of 40 marks in internal evaluation.

Note: There is minimum pass mark 24 (40 %) marks in external out of 60 marks for students of I, II, III, IV, V, VI semesters.

Note: To pass in a single paper, student should get overall 40 marks out of 100 marks (both internal and external).

External assessment

External assessment will be the semester end examination. This assessment for 60 marks for each semester will be as follows.

- Written examination is designed with duration 3 hours.
- Blue print and question pattern is enclosed
- Model question paper is enclosed.
- I Year, II Year & Final Year pattern is internal 40, external 60

YEAR	SEM	TITLE	CREDITS	EVALUATION - SCHEME				
				THEORY		PRACTICAL		TOTAL
				Int.	Ext.	Int.	Ext.	
I	1	General I	5	40	60	25	25	150
		Biological	4	40	60	-	-	100
		Positive	4	40	60	-	-	100
			13					350

Theory- 3 Credits; Practical- 2 credits

YEAR	SEM	TITLE	CREDITS	EVALUATION - SCHEME				
				THEORY		PRACTICAL		TOTAL
				Int.	Ext.	Int.	Ext.	
I	2	General II	5	40	60	25	25	150
		Health	4	40	60	-	-	100
		Cognitive	4	40	60	-	-	100
			13					350

YEAR	SEM	TITLE	CREDITS	EVALUATION - SCHEME				
				THEORY		PRACTICAL		TOTAL
				Int.	Ext.	Int.	Ext.	
II	3	Social I	5	40	60	25	25	150
		Organization	4	40	60	-	-	100
		Personality	4	40	60	-	-	100
			13					350

Theory- 3 Credits; Practical- 2 credits

YEAR	SEM	TITLE	CREDITS	EVALUATION - SCHEME				
				THEORY		PRACTICAL		TOTAL
				Int.	Ext.	Int.	Ext.	
II	4	Social II	5	40	60	25	25	150
		Human Resource	4	40	60	-	-	100
		Criminal	4	40	60	-	-	100
			13					350

YEAR	SEM	TITLE	CREDITS	EVALUATION - SCHEME				
				THEORY		PRACTICAL		TOTAL
				Int.	Ext.	Int.	Ext.	
III	5	Education	5	40	60	25	25	150
		Abnormal I	5	40	60	25	25	150
			10					300

Theory- 3 Credits; Practical- 2 credits

SRR & CVR Govt. Degree College (A), Vijayawada
DEPARTMENT OF PSYCHOLOGY

BRIDGE COURSE IN PSYCHOLOGY

(Under Credit Based Continuous Evaluation Grading System)

Bridge Course:

With a view to enhance the comprehension in Psychology a bridge course is framed to first semester B.A programme students. The essentials and fundamentals of Psychology are necessary to understand the subject at an easy and this will lead to a better appreciation of the subject.

Objective:

The bridge course aims to act as a buffer for the new entrants with an objective to provide adequate time for the transition to hard core of degree course. This gives them a breather, to prepare themselves before the onset of course for first year degree programme. During this interaction with the faculty and their classmates the students will be equipped with the knowledge and the confidence needed to take on bigger challenges in future.

Design:

The course consist of 10 Hrs of interactive sessions and an internal examination designed by the department which is compulsory for all students.

Syllabus:

10Hours

- 1. Psychology: Meaning and history; is it natural science or social science?; schools & fields of psychology**
- 2. Introduction to biological basis of behaviour (nervous system and endocrine systems).**
- 3. Sensation: Our Passport to the world via our sense organs (Eyes, ears, nose, tongue, skin)**
- 4. Attention and Perception: Interaction with objects in the world surrounding Us.**
- 5 Introduction to behaviour of learning: classical and operant conditioning, and observational learning**